

MUSLIM COMMUNITY & HEALTH CENTER

2016 – 2017 Annual Report



Annual Report

Board of Directors

President, Fozia Ahmed Vice President, Dr. Mohammad Fareed Secretary, Lateef Khan Treasurer, Rehan Ashraf Clinic Board Director: Dr. Abdul Hafeez

Dr. Farhat Ashai-Khan Rehan Khan Neelam Ayub Dr. Suhail Hameed Iqbal Ashraf Kauser Razvi

MCHC Team

Director of Operations: Arman Tahir Office Manager: Fauzia Qureshi Clinic Coordinator: Mara Ahmad Provider: Dr. Stephen Haughey FNP: Stephanie Ghoujallu LPC: Sohail Majeed CSR/MA/Billing: Najha Mirza

Medical Assistant: Saida Ebrahim

CSR: Maysa Abukhadir CSR: Martha Mahmoud

Sakina Assistant: Mariam Tanvir

Mission Statement

The Muslim Community and Health Center of Wisconsin mission is to strengthen the Milwaukee community and increase the wellbeing of its residents by providing free and charitable health care services, social services, counseling, emergency assistance, educational and job-training programs. MCHC's guiding principles are based on the Muslim values of compassion, kindness, peace, and diversity.

MCHC 803 West Layton Avenue Milwaukee, WI 53221

Phone: 414.939.4411 Email: info@mchcwi.org Internet: www.mchcwi.org

Muslim Community and Health Center is a 501(c)3 non profit organization

Projects, Programs & Events

MCHC CLINIC

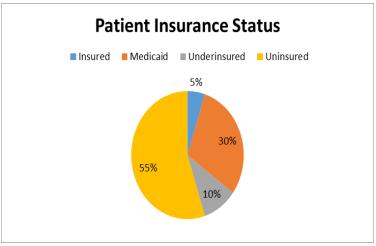
Free Clinic (January, 2008 - March 2016)

 MCHC started as a free clinic and provided all its medical care at no cost to its patients.

Free and Charitable Clinic (March 2016-July 2016)

- MCHC Board approved its by-laws to implement the usage of a sliding fee policy.
- MCHC implemented its sliding fee policy utilizing the Wisconsin Federal Poverty Guidelines (2016).

Hybrid Clinic (July 2016 - Present)



- MCHC has successfully contracted with Federal (Medicare) and State (Medicaid) Insurances, in addition to commercial and health maintenance organizations (HMO) to provide healthcare services for its immigrant, refugee and the Greater Milwaukee community of patients.
- MCHC increased its two half day clinic (8 hours) to twentyfour hours over five clinic days.
- MCHC increased its primary patient base from 60 70 patients a month to approximately 250 - 300 patients a month.
- The patient increase was greatly due to its success in contracting with three Refugee Resettlement Agencies

(VOLAGS) - Catholic Charities, Lutheran Social Services, and International Institute.

- MCHC was successful in marketing our health clinic to the greater community as well, via its newly revised website, flyers, brochures, word of mouth, community outreach and extensive networking with area Health Systems.
- MCHC also was able to join alliances with several key Health Systems, most recent being Milwaukee Health Care Partnership. MCHC continues to be a valuable member of the Free Charitable Clinic Collaborative FC3, WAFCC and Wisconsin Primary Health Care Association (WHPCA)
- In August, 2016 MCHC was certified with the Vaccines for Children program.
- In September, 2016 MCHC became linked to Wisconsin Immunization Registry, all patients are entered into the state database.
- In September, 2016 Hayat Pharmacy provided a supply of vaccines for MCHC Patients.
- In November, 2016
 LabCorp partnered with
 MCHC, which opened an
 on-site Lab with three lab
 days.
- On January 11, 2017, MCHC went live with Athena Net.
- In March, 2017 Labcorp increased its lab hours to four days a week.



 Credit card machine used for Clinic Co Pays and Sliding Fee Scales, all payments are reconciled in Athena and go to the Athena Bank Account.

MCHC Partnerships (June 2016 - Present)

- MCHC has strong Academic partnerships with Medical College of Wisconsin and Froedert Hospital. MCHC has partnered with them with grants and healthcare for community clinics
- MCHC is developing academic partnerships with University of Wisconsin Milwaukee for collaboration with the School of Nursing and future grant opportunities.
- In June, 2016 MCHC began collaboration with the State Refugee Coordinator's office. At this time, MCHC was invited to attend monthly MARC meetings. This partnership led to contracts with different Volag agencies.
- In June, 2016, MCHC established strong partnerships with Refugee Resettlement agencies (VOLAGS) to provide Refugee Health Screenings to newly arrived Refugees. Agencies that MCHC has contracted with are Catholic Charities, Lutheran Social Services and International Institute.
- MCHC collaborates with Milwaukee Health Care Partnership (MHCP), Wisconsin Association of Free Charitable Clinics (WAFCC), and Free Charitable Clinic Collaborative (FC3) with coverage, access and care coordination in community population health.
- MCHC collaborates with Milwaukee Health Department, City
 of Milwaukee and South Side Health Department for MCHC
 patients with communicable diseases follow up appointments.
- MCHC is enrolled with the Vaccines for Children Program for children 18 and under who are underinsured, uninsured, American Indian, Title-19.
- MCHC has also partnered with national organizations such as the American Cancer Association.
- MCHC has also partnered with the CDC and become certified to teach the evidence based Diabetes Prevention Program.
- MCHC has also partnered with the Mental Health First Aid, which is also a national organization.

MCHC Staff Training (June 2016 - Present)

 Staff was trained by Sixteenth Street Community Clinic for back office billing and credentialing.

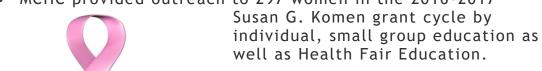
- In August, 2016 MCHC volunteers and staff were certified with CPR/AED with Carol Mohammad.
- November, 2016 MCHC staff was trained on Athena Net, for patient charts, billing, standing orders, prescriptions.

Behavioral Medicine (October, 2016 to Present)

- In October, 2016 MCHC launched its behavioral medicine program by contracting a Licensed Practicing Counselor, Sohail Majeed, who specializes in individual and group therapy.
- Sohail Majeed currently works two days a week on Wednesday and Saturday.
- April, 2017 MCHC is working with a female LPC (IT) to assist female patients who feel more comfortable with a female provider.
- MCHC is currently working with DHS to make MCHC a certified site for Behavioral Medicine.
- MCHC was successful in marketing the Behavioral Medicine program via its website, social media, flyers, word of mouth.

Breast Health Education (March 2016 - April 2017)

MCHC provided outreach to 297 women in the 2016-2017



- During the 2016-2017 Grant Cycle MCHC provided 162 women with Clinical Breast Exams and Breast Health Education.
- MCHC held 12 workshops at various locations in the Greater Milwaukee Area. Workshops were held in Burmese, Rohynga, Gujrati, Urdu, Hindi, Arabic, Swaheli, English and Somali.

Educational Workshops

- MCHC held a Social Security Administration workshop.
- MCHC colloborated with Master Gardeners of UWM to hold a workshop on planting container garden beds.

- Halal investing workshop was held
- MCHC colloborated with the Alzheimers Assocition and held a an Alzheimers Workshop for community members.
- MCHC colloborated with Prudential to provide a workshop on the Road to Retirement.

Refugee Resources

- Wells Fargo held a Financial Literacy workshop at MCHC for refugees, MCHC intrepreted the workshop in Burmese and Rohynga.
- Dentist Hira Chughtai, from Dental Associates, held a Oral Hygiene workshop for Refugees. MCHC intrepreted the workshop in Burmese and Rohynga.
- MCHC received a grant from the Brewers for 400 brewers free tickets. MCHC held a Brewer's Day event, which was free to all refugees. Non- Refugees were asked to pay for transporation and ticket price.
- State Refugee
 Coordinators office
 recommended holding
 a workshop for public
 health issues. MCHC
 colloborated with two
 Public Health
 Departments in
 Milwaukee to discuss
 public health issues
 such as, Scabies, Bed
 Bugs, Lice and Lead
 Levels.



- MCHC created and assembled 50 Refugee Care Packages.
 These packages were sponsored by community members at the Info Session. The refugee care packages included basic health items that were handed out to refugee patients at MCHC.
- MCHC colloborated with the *International Learning Center* holding an Art Class and Garden Class for their students.

Quarterly Legal Clinic

 MCHC has colloborated with the Milwaukee Justice Center to hold Quarterly Legal Clinics. Licensed Attorneys assisted clients with Basic Legal Issues at no cost.

Sakina Center (June 2016 - June 2017)



- MCHC has established a three day schedule for the Sakina Center.
- Sakina Center hours are Monday to Wednesday from 12 pm until 3 pm.
- Monday afternoons, Sakina Center participants enjoy Art Club.
 Various crafts such as card making, painting, soap making,

crochet, sewing, origami are taught to members.

- Tuesday, Sakina Center members enjoy cooking club. Recipes are used from around the world. They are being compiled to create a cook book.
- Every Wednesday, Sakina Center holds a variety of workshops.
- Hayat Cares, holds a health workshop every first Wednesday of the month. Workshops have included, chronic disease, healthy living, medicine reconciliation.
- Sakina Center colloborates with Religious Scholars and teachers who teach a religious class. This class is held every second Wednesday of the month. Scholars include, Sheikh Ziad Hamdan, Sheikh Zulfiqar Shah, Hafiz Shafiq, Hajra Idrees, Rashida Mallick, Asmeena Khan.
- Mudassir Mohiuddin, (Therapy at Home), Physical Therapy is held on the Last Wednesday of every month.
- A new class on Wednesday's started in April, 2017. The class is taught by a fellow Sakina Center participant Mohie Mahmoud. He teaches a fine motor movements class.
- During Seasonal months, Seniors attend the Garden Club.

- Annual dues were renewed at the new fiscal year of June, 2017. Membership will continue to remain at \$50 for couple and \$35 for individual.
- Sakina Center membership has expanded to 30 members.
- Sakina Center will hold special iftars during the month of Ramadan on the 1st and 3rd Wednesday for Sakina Center Members. MCHC has received donations for these iftars from community members.

Sakina Garden (June 2015 - Present)

- Sakina Garden colloborated with the Victory Garden Initiative and set up 6 container beds.
- In May 2016, MCHC began its colloboration with Mar'uf. An memorandum of understanding was created between both partners.
- In June 2016, Sakina Garden planted 18 fruit bearing trees.
- MCHC and Maruf held a kick off event in May 2016 for Sakina Garden. The event was successful with speakers from Al Huda, MCHC, Dawah Center and Maruf. This was a family event with multiple children's activities. Attendance was at 80 participants.
- In May 2017 colloborated again with Maruf and held a Sakina Garden Spring Event. The event was successful with speakers from Al Huda and MCHC. There was approximately 150 participants. It was a family event with multiple children's activities.
- MCHC is working with Senator Lena Taylor with her Love and Faith Initiative to plant additional trees.

Future Plans for 2017 and Beyond

MCHC Clinic

- MCHC plans to remodel its existing location in the Fall of 2017.
- MCHC will collaborate with MHCP and ISM to help with cost sharing.
- MCHC plans to add 3 exam rooms and one Nurse triage office
- MCHC also plans to add one Behavioral Medicine room to accommodate is growing BH needs
- MCHC will add provider/Administrative offices to define its new structure.
- MCHC will relocate its Lab facility closer to the clinical facility.
- MCHC plans to increase its clinical hours in the fall of 2017 from its existing 24 hours/ week to 28 hours/wk.

MCHC Clinic Future Hours:

• Monday: 9:00 am-2:00pm

• Tuesday: 9:00am-2:00 pm

Wednesday: 12:00 pm - 8:00 pm

• Thursday: 12:00 pm -5:00pm

• Saturday: 1:00 pm-5:00 pm

MCHC will increase its provider hours in fall to accommodate its new hours.

• Currently 24 per week and will plan to increase to 28 hours per week.

- MCHC also plans to increase its number of providers by adding 1 part time female MD and 1 part time FP/NP in the last quarter of 2017 to meet its growing needs.
- Patients are asked to provide feedback during checkout following a clinic visit by completing a 10-12 question, 2minute survey, including questions that you select, on an on-site computer tablet.
- Patient responses are uploaded to a secure server in realtime and are immediately retrievable.
- Multi-lingual translation is built in.
- Users will access their personal dashboard, with one-click results available on demand, 24/7.
- Surveys will be shared with Providers, Staff and Board Members.

Alzheimers Workshops

- MCHC staff will be certified and trained in Alzheimers and Dementia. Training will be provided via an online certification course as well as with Alzheimers Association.
- MCHC will create a workshop for community members regarding Alzheimers prevention and care. The workshop will be delivered in mutliple languages and multiple locations across South Eastern Wisconsin.

Sakina Center

- Sakina Center Members will be surveyed to ensure progress and satisfaction are present in the senior center
- MCHC plans to meet with the City of Milwaukee Aging and Resource center and State Representatives to retreive funding for its Senior Center.

Grants

 MCHC plans to focus on multiple grants with a keen focus on health and specifically senior center funding

Community assessment

 MCHC plans to assess the needs of the community with a electronic community survey.

Volunteers

Volunteer Providers

Farid Ahmed MD Muhammad Al-Fawakhiri md Saleem Aman MD Akbar Dastagir MD Akram Dastagir MD Mohammad Fareed MD Inshirah Farhoud NP Ashley Gilson NP Abdul Hafeez MD Hammad Haider-Shah MD Sailaja Kamaraju MD Magsood Khan MD Mustansir Majeed MD Jamal Qureshi MD Dalia Shahwan NP Tasneem Siddiqua MD

Volunteers

Mohamed Abdulrahim Maria Fareed Bushra Fatima Ayesha Huq Aroub Jamal Zach Soomro Saira Tahir Fareesa Dastagir Humeira Bukhari One of the greatest gifts you can give is your time. Thank you to our wonderful volunteers.